

My parents are aging...



Now what?

If you are 40+ years old or have a loved one that is aging, then you **MUST** attend this first in a series Senior Community Educational Event. Learn about important facts surrounding the aging process and the many challenges seniors & their families face when unprepared. Our experts will provide valuable, in depth information and resources that all family members & caregivers need to know to prepare themselves and their loved ones through the aging process.

A Real-Life Case Study Workshop will include the following topics:



- Nutrition
- Medication Management
- Care Management
- Advanced Care Planning
(Palliative, Hospice, End of Life Preparation)
- Psychological Impact / Counseling / Stress Relief

A Free Community Event and Complimentary Lunch

SATURDAY, APRIL 7, 2018
11AM - 3PM

Our Mother of Good Counsel Church Parish Hall

2060 N. Vermont Ave, Los Angeles 90027 (parking lot south of church)

Contact: Joyce Robertson 323-363-4316 joyce@foundationforseniorservices.org

Mary Hickey 323-664-2111 or SSG Office 818-691-2621

Register at: foundationforseniorservices.site-ym.com/events

Foundation for Senior Services
Senior Specialists Group

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