



HELPING FAMILIES NAVIGATE THE WORLD OF SENIOR CARE



DO YOU OR A LOVED ONE SUFFER FROM?

- ◇ Cardiovascular Issues ◇ Joint Discomfort ◇ Problems with Weight
- ◇ Severe Skin Problems ◇ Immune Disorders ◇ Chronic Health Conditions
- ◇ Very Low Energy ◇ Sleep Problems ◇ Severe Digestive Problems
- ◇ Vision Issues ◇ Negative Blood Tests ◇ Lack of Fruits & Veggies

WOULD YOU LIKE TO CHANGE YOUR LIFE?

- Our industry-leading research-proven, nutritional system delivers fruits, vegetables and berries in capsule, chewable or shake form, your choice, to help you bridge the gap between what you eat and what you should eat.
- By using our FDA approved medical device for only 16 minutes daily, a biorhythmic impulse is sent to the body where it stimulates microcirculation, including an enhanced delivery of nutrients, without any known side effects for self-healing and improved health.

WHAT YOU WILL LEARN:

- How to enhance general blood flow, nutrient and oxygen supply
- Eliminate body waste
- Improve cardiac function
- Increase physical fitness and endurance
- Improve energy, concentration and mental acuity
- Decrease stress and increase relaxation
- Enhance sleep management

SSG can customize a presentation or series of talks based on your group's needs and interests. Please call for more details.



Donna Lang Stoffel

Wellness Coordinator

Donna is a wellness coordinator and has been in the health and wellness industry for nearly 20 years. She and her husband Ron are the managing partners of Heightened Health, LLC. Donna works with adult children, seniors, and other family members to assess their health challenges and to evaluate options for their health and wellness needs. She brings a sense of clarity and relief to families who are suffering from many health issues.

Donna has a master's degree in Behavioral Psychology and an undergraduate degree in Communications from the University of Kansas. She has lived in Orange County since 1985, residing in Mission Viejo with her husband and business partner Ron and their adult son, Hunter.

Heightened Health, LLC
www.HeightenedHealth.net

SENIOR SPECIALISTS GROUP

"LINKING THE COMMUNITY TO THE NEEDS OF SENIORS"

818.691.2621

Contact the Senior Specialists Group (SSG) to schedule an educational presentation or request services from our team of qualified professionals.

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